

2020

2016

Recommendations for rhythm control/catheter ablation of AF

AF catheter ablation after drug therapy failure

AF catheter ablation for PVI is recommended for rhythm control after one failed or intolerant class I or III AAD, to improve symptoms of AF recurrences in patients with:

- Paroxysmal AF, or
- Persistent AF without major risk factors for AF recurrence, or
- Persistent AF with major risk factors for AF recurrence.

I

Catheter or surgical ablation should be considered in patients with symptomatic persistent or long-standing persistent AF refractory to AAD therapy to improve symptoms, considering patient choice, benefit and risk, supported by an AF Heart Team.

IIa

First-line therapy

AF catheter ablation:

- Is recommended to reverse LV dysfunction in AF patients when tachycardia-induced cardiomyopathy is highly probable, independent of their symptom status.
- Should be considered in selected AF patients with HFrEF to improve survival and reduce HF hospitalization.

I

AF ablation should be considered in symptomatic patients with AF and HFrEF to improve symptoms and cardiac function when tachycardiomyopathy is suspected.

IIa

IIa

Techniques and technologies

Complete electrical isolation of the pulmonary veins is recommended during all AF catheter-ablation procedures.

I

Catheter ablation should target isolation of the pulmonary veins using radiofrequency ablation or cryotherapy balloon catheters.

IIa

If patient has a history of CTI-dependent atrial flutter or if typical atrial flutter is induced at the time of AF ablation, delivery of a CTI lesion may be considered.

IIb

Ablation of common atrial flutter should be considered to prevent recurrent flutter as part of an AF ablation procedure if documented or occurring during the AF ablation

IIa